

SUN COUNTRY REGIONAL HEALTH AUTHORITY

MINUTES **January 27, 2016**

The Regular RHA meeting was held in Conference Room I, Tatagwa View, Weyburn, Saskatchewan.

PRESENT

Marilyn Charlton	RHA Chairperson
Marilynn Garnier	Vice Chair
Karen Stephenson	RHA Member
Derrell Rodine	RHA Member
Gary St. Onge	RHA Member
Robert Brickley	RHA Member
Brian Romaniuk	RHA Member

STAFF

Marga Cugnet	President and CEO
John Knoch	VP – Corporate and Finance
Dr. Dimitri Louvish	VP - Medical
Joanne Helmer	Communications Coordinator
Lesley Chapman	Recording Secretary
Murray Goeres	VP Health Facilities

REGRETS

Murray Setrum	RHA Member
Leigh Rosengren	RHA Member
Janice Giroux	VP – Community Health

1.0 CALL TO ORDER AND ADOPTION OF AGENDA

M. Charlton called the meeting to order at approximately 13:30 hours.

The Board Chair announced that today is “Let’s Talk Day” for Mental Health and also expressed recognition and condolences to La Loche.

1/16

Moved by: K, Stephenson/G. St. Onge**Carried.**

That the Sun Country Regional Health Authority adopts the Regional Health Authority agenda for January 27, 2016.

2.0 CONFLICT OF INTEREST

No conflict was reported.

3.0 SCHR WALL WALK – STRATEGY DEPLOYMENT

The CEO and Leadership Team members conducted a Wall Walk at 13:35 hours. Among the topics discussed were Stop Staff Injuries, Stop-the-Line, Stop Infections, Hand Hygiene and High Touch areas, and the Appropriate Use of IV and Oral antibiotics. With respect to WCB claims, there were 18 events year to date. In terms of Stop-the-Line, there were 1400 cases where some harm came to patients. It was mentioned that a root cause analysis would be conducted to discern why this is happening and what measures could be undertaken to reduce the risk. In terms of the Appropriate use of antibiotics, the VP Medical announced that we are on target and have achieved all the milestones.

4.0 ADOPTION OF MINUTES

4.1 Regular RHA Meeting

A copy of the December 1, 2015 Regular RHA minutes was circulated to all members.

2/16

Moved by G. St. Onge/D. Rodine**Carried**

That the Sun Country Regional Health Authority adopts the Regular Regional Health Authority Minutes of 1 December 2015 as presented.

5.0 BUSINESS ARISING FROM THE MINUTES

It was mentioned that this would be covered throughout the rest of the agenda.

6.0 REPORT OF THE CHAIRPERSON

On January 6, 2016, it was mentioned that Board Chair had attended the Community Network meeting at Kenosee Lake. There was great attendance at the meeting and a good discussion on a variety of topics. Attendees asked questions, some of which we will be following up on and providing answers. Also mentioned was that she had attended the Jan 19, 2016 Board to Board meeting at St. Joseph's Hospital in Estevan and that it was a great opportunity to introduce our new board members to St. Joseph's Hospital Board. There was a good discussion on a variety of topics.

7.0 PRESIDENT AND CEO REPORT

Highlights included:

Leadership is putting together a response to questions posed by attendees at the January 6th Community Network meeting at Kenosee Lake. The response will go out next week.

- With respect to Long Term Care, significant, detailed work is being done by VP Health Facilities, Leila McClarty and the team regarding Special Care Home guidelines. Compliments were extended to the VP Health Facilities, Leila McClarty and team. Many of our policies and processes are being adopted across the province. One of the goals for long term care involves Purposeful Interaction – to ensure all staff and residents have regular meaningful contact/interactions so as to “make a connection”, and in doing so enhance the staff/client relationship. Our target is to implement in 1/3 of our SCHR facilities by March 31, 2016.
- Staff have been working with the South Sask Dementia Unit. They've been looking at a new training program called P.I.E.C.E.S., a new philosophy on how to approach dementia clients, especially those who exhibit aggressive behavior.
- Regarding Acute care – we are working towards starting the CT program, with a plan to go live on Feb 22 – tentative date. Two staff have been sent for training to Saskatoon and radiologists will be back down to the Region the week of 22 Feb. It was mentioned

that we will be educating physicians on guidelines for ordering CT scans.

- We expect the Cataract Surgical program to be available in early Spring at the Weyburn General Hospital.
- With respect to EMS, we are working with the Southeast College to see if they can provide a primary paramedic course locally in the Region.
- A new Psychiatrist started this week and the third Psychiatrist will join the team in February 2016.
- Many bursaries continue to be awarded to staff (e.g.) Nurses, Medical Lab Technicians and EMS. Two of our physicians who are receiving a bursary will return in six months to work in the Region.
- In addition to Aboriginal Awareness training, which is provided to everyone in orientation, we are looking to expanding this training to include diversity training.
- The Attendance Support Program results have been a concern. We've experienced some challenges as some of our absentee numbers have been increasing again. We need to look at a root cause analysis.
- On the topic of Employment health and Safety – flu immunization rates are lower than last year, possibly due to a change in the policy. Currently 70% of staff have received the flu vaccine to date. We usually have close to 80% to date.
- Regarding the Surgical initiative – we are on target for the number of day surgeries, and are below target with the number of inpatient surgeries – due to less referrals for these.
- For the most part, we are reaching targets for wait times for Mental Health and Addictions, despite a shortage of psychiatrists.
- Recruiting Cooks in the rural areas remains a challenge.
- The IT department is in the process of updating some of our phone systems.

- The new VP Human Resources will commence work on February 1, 2016.
- We continue to 5s in our facilities.

8.0 FINANCIAL CONDITIONS

8.1 SCRHA Board Financial Income Statement (7111030) to December 31, 2015

It was mentioned that we are showing a favorable variance. There is a breakdown of costs in the budget for Board meetings and Education and Training . These costs also include advertising for Community Network meetings. The Board Chair announced that the Quarterly Chairs meeting would be held in Moose Jaw in February 2016. She indicated that she would be talking to David Smith who's been involved with governance training with health region boards. She further informed the Board that he has been invited to attend one of our upcoming Board meetings. In terms of budget implications, it was mentioned that it would be easier and less costly for Board education to be conducted locally, if possible.

Action:

The Board Chair will bring a report back to the Board regarding her discussion with David Smith at the next Board meeting on February 24, 2016.

8.2 SCRHA Statement of Operations to December 31, 2015

It was mentioned that the Sask health funding is higher than budgeted for due to the agreement negotiations that took place. The Recoveries section includes a rebate for WCB premiums. The number of WCB events is less than in previous years. For the next fiscal year there will be a reduction in premium costs. In terms of Expenses, we are in a favourable situation regarding salaries and benefits, due in part to staff vacancies. Our repairs and maintenance costs are higher than anticipated, in part due to the necessity of projects and repairs being undertaken earlier than planned. Utilities are trending higher partly due to higher than estimated costs for our new facilities. It was reported that our Travel expenses for the region are in a favorable situation; more meetings happening by telehealth/teleconference.

8.3 Sun Country Regional Health Authority Board Report Template

The Ministry of Health has requested the board report to include specific areas on the template. The intention is to work with health authorities on cash flow and identify commitments and possible imminent emergency pressures. For example there will be a budget request for radiology costs coming forward as result of CT scanner.

Other highlights included:

- We've also provided ratios that are showing that we are in a favorable cash situation. Although the Board has an accumulated operating deficit, we are trending favorable and are working at reducing this.
- It was also reported that sick time is trending higher than the last few years.
- We received approval for \$1 million for St. Joseph's Cooling system and our expenditures are under that. It is anticipated that we should be showing an overall surplus for this project.
- The Radville Marian Health Centre demolition came in less than the adjusted approved amount. The Radville demolition project is completed and we are finalizing the costs for the project by the end of the fiscal year. It was also mentioned that a reconciliation of the project will be undertaken.
- In terms of the CT Scanner Project, the full renovations costs have been paid through St. Joseph's hospital. They have been supported financially through their Foundation. It was also mentioned that we may need to consider a repair for St. Joseph's Hospital's roof. An issue paper is being developed for the Board before it is submitted to MoH.
- The Carnduff Sprinkler system project will be completed by the close of the fiscal year.

8.4 Financial Position – Affiliates to Nov. 30, 2015

8.4 a) The Border-Line Housing Co. (1975) Inc.

It was reported that Borderline has surplus of \$100, 000.00.

8.4 b) St. Joseph's Hospital of Estevan

St. Joseph's Hospital is reporting a \$150,000.00 surplus. A question was raised regarding whether this includes the dialysis program. It does, as the financials are consolidated.

8.4 c) Radville Marian Health Centre

They are still at a small deficit position. December is usually a higher salaried month, but we will continue to work with them to balance their budget.

8.5 Budget 2016/17

It was mentioned that the Budget will be delayed because of the upcoming provincial election. Managers have completed the salary and operating budget. The message from Ministry is that it will be very tight budget.

9.0 BOARD BUSINESS

9.1 Weyburn General Hospital (WGH) Capital Planning

It was mentioned that the draft business case was submitted to the Minister of Health and we are awaiting a response to our submission. We are still exploring looking at a location,

The Board Chair suggested that if the Board had any questions, they could be either call the CEO, the VP Corporate and Finance, or bring questions forward at the next board meeting on February 24th. It was reiterated that this is just a business case which sets the stage for the Ministry and gives them an idea of what services we will be providing.

9.2 Practitioner Staff Annual Appointments/Re-appointments and Privileges

The VP Medical provided a summary of the list of Practitioner Appointees, including those seeking a change in privileges, or additional privileges, as recommended by the Practitioner Advisory Committee.

The Credentialing Committee initially reviewed and recommended the list of Practitioner appointments for this year.

It was mentioned that there are two new psychiatrists and 3 new SIPPA candidates whose applications were reviewed and accepted for recommendation.

3/16

Moved by: B. Romaniuk/K. Stephenson**Carried**

That the Sun Country Regional Health Authority approves the Practitioner Staff Appointment List of January 27, 2016 as presented.

9.3 Board to Board meeting – St. Joseph’s Hospital January 19, 2016

The consensus was that this Board to Board meeting provided a great opportunity for SCRHA Board members to meet St. Joseph’s Hospital Board members. There was a good open dialogue at the meeting which included discussions on challenges with the budget and where we are going this next fiscal year. All expressed excitement about the CT Scanner.

9.4 Community Health Leadership Network Meetings – summary of Kenosee Lake event

It was mentioned that there was a good turnout for this event. Some concerns were raised by attendees from Oxbow. A commitment was made to respond to their questions within 30 days. The presentations were very good and are available on the Sun Country website.

It was also mentioned that the VP Health Facilities and Regional Director of Emergency Services are working with the Southeast College to set up training for EMS responders to take the PCP course.

9.5 Gainsborough Health Centre Trust

4/16

Moved by: G. St. Onge/D. Rodine**Carried**

That the Sun Country Regional Health Authority approve the transfer of funds from the Gainsborough Health Centre Trust account to the Affinity Credit Union in the total amount of \$5,539.03.

9.6 Mainprize Manor & Health Trust

5/16 **Moved by: K. Stephenson/G. St. Onge** **Carried**

That the Sun Country Regional Health Authority approve the transfer of funds from the Mainprize Manor & Health Trust account to the Affinity Credit Union in the total amount of \$253,188.61.

9.7 Establishment of Restricted Fund

6/16 **Moved by: D. Rodine/B. Romaniuk** **Carried**

That the Sun Country Regional Health Authority designate the proceeds received from the Estate of an individual formerly residing in the Sun Country Health Region to a separate internally restricted account for Capital and Equipment to the East and South areas of Sun Country Health Region.

9.8 Proposed Oxbow-Galloway Health Centre Helipad

It was discussed that a request had been received from a local community ascertaining the feasibility of installing a helipad on our property near the Oxbow Health Centre. The Board agreed in supporting them for a registered helipad. We need permission from the Board that they can proceed to the second stage. We will request further information.

7/16 **Moved by G. St. Onge/R. Brickley**

That the Sun Country Regional Health Authority grant permission for the Oxbow Planning Group to proceed to the second stage in the process of planning for a registered helipad.

10.0 CORRESPONDENCE

The CEO showed Board members the Provincial Auditor of Saskatchewan 2015 Report Book – Volume Two, and indicated that if they were interested in any specifics contained with the publication, a website was available for them to access and read items of interest.

11.0 BOARD EDUCATION

11.1 Therapies Overview – PowerPoint

A summary of the Therapies Services in the SCHR was provided.

Highlights included:

- Within this category we include Physical therapists, Occupational Therapists, Adult Speech Language Pathology, and an Acquired Brain Injury Co-ordinator. Major areas assisted by Physical Therapists include:
 - Neurological, Stroke, musculoskeletal, cardiorespiratory and specialized exercise therapy. Therapy services also include patient counseling and falls prevention. We have four full time equivalents for Patient Counselling, including 3 Social Workers. It was mentioned that we have committed a salary and hired a full time Falls Prevention Co-ordinator.
 - Occupational therapists have been somewhat easier to recruit. We usually recruit from Manitoba. Major areas assisted by Occupational Therapists include:
 - Helping people learn new ways of performing activities ; and include the following: recommendations for equipment; cognitive assessments; vascular assessments; and help with seating equipment in all Long Term Care facilities. They are also part of the dysphagia team.
- It was also mentioned that we also have an Adult Speech Therapist and three Social Workers in the Region.
- Specialty programs include Women’s Health, Pulmonary and Cardiac Rehabilitation, Pediatric Therapy, the Lymphedema Program, Balance Workshops, the Medical Scooter Awareness Program, and Safety Programs such as Brain Walk, which involves having people participate how life would be like if they had sustained a brain injury. Extensive work is also being done on Prevention.
- 159 new Physiotherapy referrals are received monthly in SCHR. It was also mentioned that patients can self- refer. In other words, potential patients don’t require a referral from a doctor.

11.2 Primary Health Care Overview

An overview of Primary Health Care Services provided in the SCHR was given.

Highlights included:

- Sheena Grimes is the Interim director and the Chronic Disease Regional Manager is Candace Kopec.
- We have about 27 staff and 10 alternate payment Physician contracts.
- Our budget is just over \$7 million dollars.
- With Primary Health Care, we are referring to the myriad of services we provide from birth to death. To develop an effective team, you first need to discern the needs of the community.
- Chronic Disease Management Programs include:
 - Live Well, Diabetes Clinic, Kidney Clinic, Pulmonary Rehabilitation, Cardiac Rehabilitation, Chronic Disease Management Working Group, and the Team-based Obesity Management Group.

Future Focus areas include:

- Depression, Congestive Heart Failure, Improving access to programs and services, and the integration of Mental Health and Addictions into PHC sites.

12.0 NEXT BOARD MEETING

February 24, 2016

Committee of the Whole 10 a.m. in Conference room 1

RHA Board Meeting 1:30 p.m. in Conference Room 1.

13.0 ADJOURNMENT

The meeting was adjourned at approximately 16:00 hours.

Marilyn Charlton, Chairperson

Marga Cugnet, President and CEO